All providers listed accept Medicare and Medicare Advantage plans.
For help choosing a doctor who is right for you call our patient support team at 206-329-1777, TTY 711

**The Polyclinic Madison Center**

**Chang Liu, DO | Internal medicine**
Dr. Liu received her medical degree from Western University of Health Sciences in Oregon and completed her residency at Midwestern University, Canyon Vista Medical Center in Arizona. She manages chronic conditions and has special interests in diabetes, thyroid dysfunction, asthma and chronic obstructive pulmonary disease. She also performs in-office procedures like joint infections, skin biopsy and cryotherapy.

**Seema Nair, MD | Family medicine**
Dr. Nair received her medical degree from the American University of the Caribbean in St. Maarten, N.A. She completed her residency at University of Florida Department of Community Health and Family Medicine in Jacksonville, Fla. She provides comprehensive care to children and adults of all ages. Her primary interest is in preventive medicine, managing chronic conditions, and patient education.

**Thanuja Narendra, MD | Internal medicine**
Dr. Narendra received her medical degree from Kilpauk Medical College in Chennai, India. She provides primary care for adults age 18 and older. Her special interests include preventive medicine, women’s health, geriatrics, diabetes, hypertension, and cardiovascular disease.

**Suzanna Parle-Pechera, MD | Family medicine**
Dr. Parle-Pechera received her medical degree from University of Rochester School of Medicine and Dentistry. She completed her residency at Tacoma Family Medicine in Tacoma, Wash. Dr. Parle-Pechera enjoys taking care of patients of all ages and has special interests in pediatrics and women’s health.

**Jae Sim, MD | Family medicine**
Dr. Sim received her medical degree from Thomas Jefferson Medical College at Thomas Jefferson University, Philadelphia, Pa. She completed her residency at Swedish Medical Center in Seattle. She has special interests in women’s health, pediatrics, and helping patients manage chronic disease.

**Jacklyn Spiegelberg, DNP, ARNP | Internal medicine**
Jacklyn received her nursing degree from Oregon Health & Sciences University in Portland. She received her doctorate in nursing practice from the University of Washington. Jacklyn’s special interests include preventive medicine, chronic disease management, and gerontology.

**Alicia Stewart, DO | Family medicine with OB**
Dr. Stewart received her medical degree from Marian University College of Osteopathic Medicine and completed her residency at Swedish Cherry Hill Family Medicine Program. She provides care for the entire family, from pregnancy, to birth, and into elder age.

**The Polyclinic Northgate Plaza**

**Kelsey Cline, MD | Family medicine**
Dr. Cline received her medical degree from the University of Washington School of Medicine and completed her residency at Swedish First Hill School of Medicine. She has special interests in prenatal/postnatal care, breastfeeding, women’s health, mental health, pediatric and adolescent medicine, addiction medicine (buprenorphine-waivered), whole family care, and chronic disease management.

**Laura Colman, MD | Family medicine with OB**
Dr. Colman received her medical degree at the University of Michigan Medical School in Ann Arbor, Mich. and completed her family medicine residency at Swedish First Hill. She has special interests in obstetrics, women’s health, chronic disease management, and LGBTQ care. She performs office-based procedures including IUDs, Nexplanons, colposcopies, joint injections, and skin biopsies.

**Taisha Doo, MD | Internal medicine**
Dr. Doo received her medical degree from the University of Iowa Carver College of Medicine and completed her residency at the University of Chicago Northshore Family Medicine. Her clinical interests include preventive care, chronic disease management, patient-centered care plans, memory care, and healthy aging.

**Hieu Duong, MD, MS | Family medicine with OB**
Dr. Duong received her medical degree from University of Colorado School of Medicine in Aurora, CO. She completed her residency at Providence St. Peter Family Medicine in Olympia, WA. She has special interests in women’s health, obstetrics, including prenatal and postnatal care, office-based procedures and LGBTQ+ health.

**Alaina Garrie, DO* | Older adult medicine**
Dr. Garrie received her medical degree from Rowan School of Osteopathic Medicine in Stratford, N.J. She completed her residency at The Lehigh Valley Family Medicine Residency Program in Allentown, Pa. She completed her fellowship training in Geriatrics at The Mt. Sinai School of Medicine in N.Y.

**Kimberly Ghiglia, ARNP | Family medicine**
Kimberly received her medical degree from Seattle Pacific University. She has special interests in women’s health, dermatology, and minor office procedures.

**Rhea Hanchett, DNP, FNP-BC, CMSRN | Internal medicine**
Rhea received a Bachelor of Science degree in Nursing at the University of Illinois at Chicago. She then went on to receive a Doctor of Nursing Practice (DNP) – Family Nurse Practitioner degree from Rush University in Chicago, Ill. She has special interests in women’s health, dermatology, diabetes, and preventive care.

**Alexandra Vladimir, MD | Internal medicine**
Dr. Vladimir received her medical degree from Carol Davila University of Medicine and Pharmacy in Bucharest, Romania. She completed her internal medicine residency at Mount Sinai School of Medicine in New York, N.Y. Dr. Vladimir treats a wide range of conditions in adults including high blood pressure, diabetes, and anxiety/depression. She focuses on prevention and overall well-being to help patients maintain healthy lifestyles.

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*Patients must be on a Medicare Advantage plan to choose Dr. Garrie as their primary care physician.

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