

Aetna and Regence update - Medicare Advantage plan termination

Through the ever-changing health care landscape, The Polyclinic and The Everett Clinic have been part of communities for a century. Our enduring focus remains on providing compassionate, quality care and preserving care team-patient relationships.

Unfortunately, we could not reach an agreement with Regence on a Medicare Advantage contract. In October, we also announced the termination of the Aetna Medicare Advantage contract for 2023. To mitigate the impact on our patients, we have had continuity of care in place for many weeks, allowing time for Optum Washington, Regence, Aetna and patients to work on securing another in-network provider or for self-directed patients to seek other options.

Resources for patients:

- To assist patients who may have the option to change their Medicare plans, [The Everett Clinic](#) and [The Polyclinic](#) offer several Medicare educational seminars to educate our patients on network changes and the variety of plan options available in Washington state.
- The Everett Clinic and The Polyclinic offer monthly Medicare classes virtually and in person throughout the year. These classes bring in local licensed Medicare insurance professionals to educate Medicare beneficiaries on Medicare and their options.
- We will continue to see Aetna Medicare Advantage retiree members until Dec. 31, 2023, to give these patients time to find other providers and care teams.
- The Polyclinic and The Everett Clinic continue to accept multiple Medicare Advantage plans (TEC [Medicare Advantage plans](#) and [TPC Medicare Advantage plans](#)).

Frequently Asked Questions

What if I have an existing appointment?

We are no longer accepting Aetna and Regence at The Everett Clinic (TEC) and The Polyclinic (TPC) for Medicare Advantage (MA) patients and, effective Jan. 31, 2023, we will not be booking any new appointments for existing TPC or TEC patients on Aetna or Regence Medicare. However, we will honor existing appointments through Feb. 12, 2023.

Please contact the number on the back of your insurance card for questions about co-pays, coverage and plan benefits.

What if I have continuity of care provisions?

We can schedule one final appointment for patients under continuity of care arrangements that come to or call a clinic.

For patients under continuity of care arrangements that come to or call a clinic, we can schedule one final appointment

Are there any exceptions to the contract terminations?

There are a couple of exceptions:

- Aetna Retiree MAPD plans will be accepted on an Out of Network basis until January 01, 2024.
- Regence Medigap/Supplement plans are not impacted by the Regence MA termination.